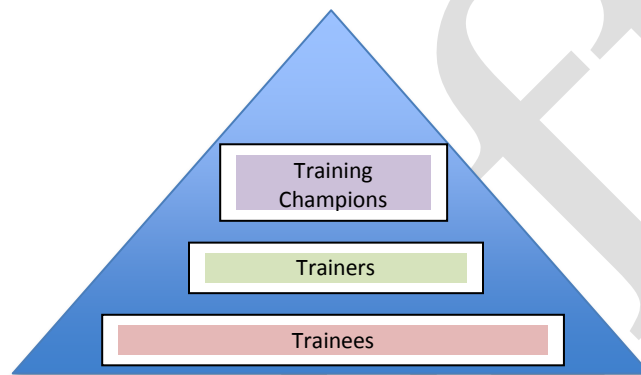


Adolescent SBIRT Training Plan

03/08/2016

The Connecticut Adolescent Screening, Brief Intervention and Referral to Treatment (A-SBIRT) Initiative will utilize a three-tiered approach to training. The core tier one training will be presented in one day and will prepare Trainees to utilize A-SBIRT techniques with youth with whom they work and interact. Target groups for tier one training include but are not limited to: DCF, EMPS, pediatricians and primary care providers, FQHCs, school-based health centers, community providers, prevention practitioners, faith community and others. Tier two will consist of those individuals wishing to become Trainers in order to train others in A-SBIRT. The tier two “Training of Trainers” will be held over two and a half days. Tier three will include those experienced and proficient trainers who have been invited to become Training Champions. Training Champions will receive extra training that will allow them to lead “Training of Trainers” courses in A-SBIRT.



Tier 1 Core Adolescent SBIRT Training – 1 Day (TRAINEES)		
TOPIC	MODALITY	TIME (Hours)
Adolescent Brain Development	Lecture, Video	1.0
Substance Use and Misuse	Lecture, Video, Exercise	1.0
Introduction to SBIRT	Lecture, Video	.5
Screening Adolescents	Lecture, Video	.5
Brief Intervention Strategies	Lecture, Video, Exercise	1.25
Referral to Treatment	Lecture	.5
Case Studies and Practice	Exercises	1.0
Resources and Wrap-Up	Lecture	.25

Tier 1 Supplemental Adolescent SBIRT Trainings and Webinars* (TRAINEES)		
TOPIC	MODALITY	TIME (Hours)
Motivational Interviewing	Online, Webinar, Live Training	Varies
Confidentiality	Online, Webinar	Varies
Billing and Coding	Online, Webinar	Varies
Implementing A-SBIRT in Your Setting	Online, Webinar, Live Training	Varies
Additional Topics as Identified	Online, Webinar, Live Training	Varies

*Supplemental Training and Webinar Sources: Institute for Research, Education & Training in Addictions (IRETA); Boston Children’s Hospital; Kognito; NIATx; Substance Abuse and Mental Health Services Administration (SAMHSA); Center for Disease Control (CDC); University of Maryland School of Medicine; and other state and national resources

Tier 2 Adolescent SBIRT Training of Trainers – 2.5 Days (TRAINERS)		
DAY 1 - TOPICS	MODALITY	TIME (Hours)
Adolescent Brain Development	Lecture, Video	1.0
Substance Use and Misuse	Lecture, Video, Exercise	1.0
Introduction to SBIRT	Lecture, Video	.5
Screening Adolescents	Lecture, Video	.5
Brief Intervention Strategies	Lecture, Video, Exercise	1.25
Referral to Treatment	Lecture	.5
Case Studies and Practice	Exercises	1.0
Resources and Wrap-Up	Lecture	.25

Tier 2 Adolescent SBIRT Training of Trainers – 2.5 Days (TRAINERS)		
DAY 2 - TOPICS	MODALITY	TIME (Hours)
Training Intro, Adult Learning Styles	Lecture	.5
Methods to Present:		
Adolescent Brain Development	Lecture, Video	1.0
Substance Use and Misuse	Lecture, Video, Exercise	1.0
Introduction to SBIRT	Lecture, Video	.5
Screening Adolescents	Lecture, Video, Exercise	.5
Brief Intervention Strategies	Lecture, Video, Exercise	1.25
Referral to Treatment	Lecture	.5
Case Studies and Practice	Exercises	1.0
Resources and Wrap-Up	Lecture	.25

Tier 2 Adolescent SBIRT Training of Trainers – 2.5 Days (TRAINERS)		
DAY 3 - TOPICS	MODALITY	TIME (Hours)
Trainer Practice/Demonstration	Practice Training	3.0
Next Steps and Wrap-Up	Lecture	1.0

Tier 3 Adolescent SBIRT Training of Champions – TBD (TRAINING CHAMPIONS)		
TOPICS	MODALITY	TIME (Hours)
Advanced A-SBIRT Training Topics	Lecture, Video, Exercise	
Kognito A-SBIRT Training	Online Avatar-based Training	

A statewide A-SBIRT trainer email listserv will provide all trainers with additional supplemental materials and resources including upcoming trainings, webinars and summits; new data and research; co-training opportunities; related websites and instructional videos.